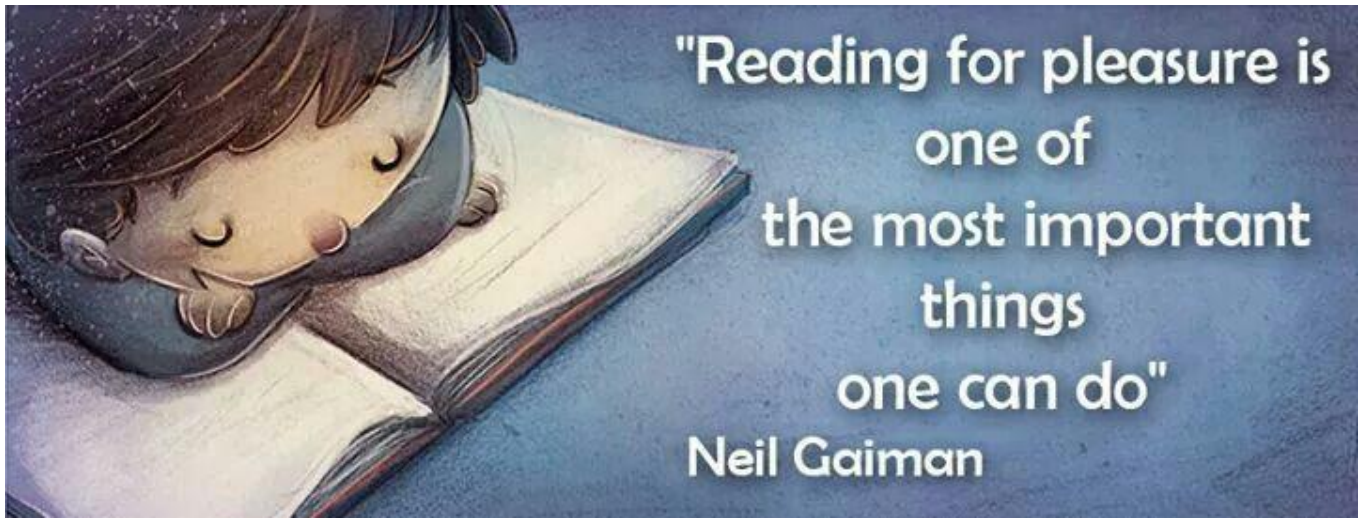




Read This Summer

July 2023



As always, I urge you to **keep reading** with and to your children throughout the summer break.

It is hard to over-state the importance of reading for children's learning, development and wellbeing. At St George's we strive to instil in children a love of reading. We know that this comes more naturally to some children than others; this is why it is so important for them to experience lots of different types of text and share books with a family member.

A strong culture of reading and enjoying books at home has a huge impact on children's progress and success – not only in reading but in many other areas. For example, research shows that children who read regularly and are confident readers have more positive mental health and wellbeing: *'Children who are the most engaged with literacy are three times more likely to have higher levels of mental wellbeing than children who are the least engaged (39.4% vs 11.8%)'* (National Literacy Trust's Annual Literacy Survey.) Reading also helps to broaden children's vocabulary and build their general knowledge as well as having a positive impact on their writing.

Research shows that reading for pleasure has a whole host of benefits for children and young people, including:

- ☆ enjoyment
- ☆ knowledge of self and others
- ☆ imagination
- ☆ relaxation and mood regulation
- ☆ improvements in young children's communication abilities and longer-term education outcomes

Useful Links and Resources

The [National Literacy Trust's Parent Support page](#) has lots of interesting articles and advice about supporting your child's learning at home.

The [BBC Bitesize Parent Support page](#) has top tips for reading with your child at home.

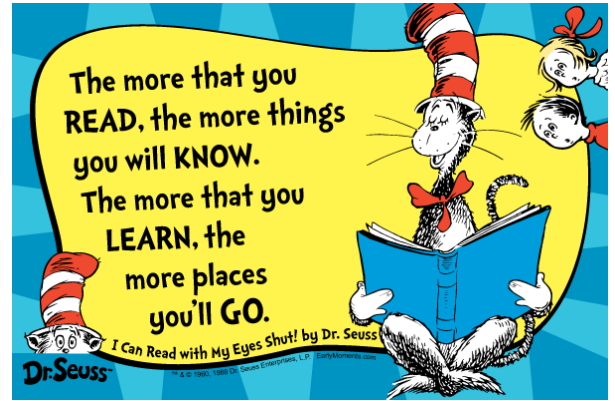
The **Book Trust** website has lots of helpful resources:

[Interactive online books](#)

[YouTube playlist of stories read aloud](#)

[Tips and Advice on reading with your child](#)

[Bookfinder](#) – search for inspiration for your next read

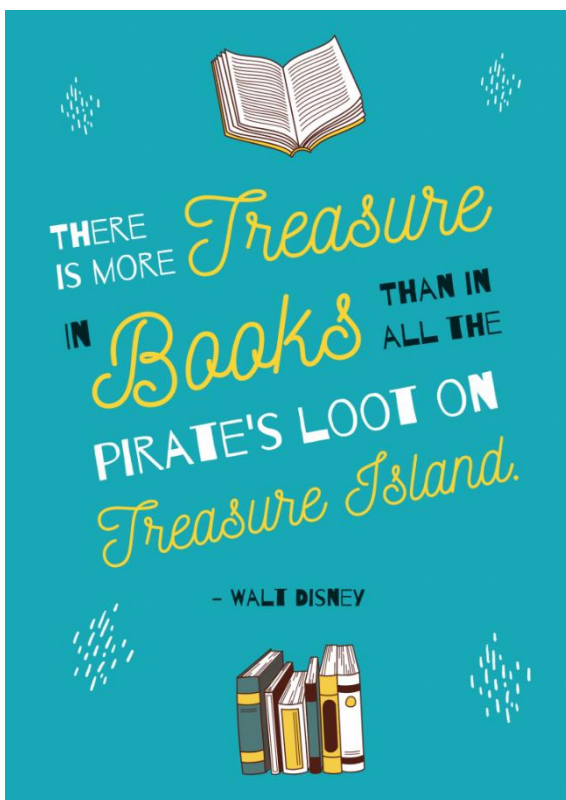


Essex Libraries Summer Reading Challenge

This year's Summer Reading Challenge is called 'Ready, Set, Read!' and has already started at Essex Libraries. It is a great way to enthuse children to find new books and keep up the momentum of reading over the long summer break.

Please do enrol your child(ren) and encourage them to take part in this challenge.

Further information can be found here <https://libraries.essex.gov.uk/news/summer-reading-challenge-2023>



Happy Summer Reading!

