



# St George's C of E Primary School

## Learning for Life



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15th November 2024

Dear Parents and Carers,

### **HEALTHY ME WEEK**

This week, the children have taken part in lots of different lessons and activities on the theme of 'Healthy Me'. Some of the highlights have been:



- ☆ **Smoothie-making** and other class-based workshops about Healthy Eating
- ☆ **First Aid** workshops
- ☆ 'Roots to Food' **cooking** workshops - this year's recipe was Chicken paella. I have attached the recipe to the Parentmail for you - do let us know if you recreate it at home!
- ☆ Finding out **how to keep our teeth clean** with a visit from a dental nurse and lessons from our Y5/6 Oral Health Champions. We learned that it is best to brush your teeth before, not after, breakfast.

It has been a wonderfully busy week and the children have entered into all the activities with great enthusiasm. Please see over the page for selected photos; once they have all been collated I will create a slideshow on the school website.

### **SIAMS INSPECTION**

On Wednesday we welcomed Mr Anthony Cosans to St George's for our SIAMS inspection (Statutory Inspection for Anglican and Methodist Schools). Mr Cosans joined us for Collective Worship, observed the children at play and at work, spoke to groups of pupils, staff, parents, Governors and church representatives and generally immersed himself in the life of our school for the day!

It was a very positive day in which we were able to share and celebrate many aspects of life at St George's, not least our close relationship with St George's church. We expect to receive the final report in three weeks' time; I will share it with you then.

### **SPORTS REPRESENTATIVES**

On Friday, Miss Harris accompanied Caleb and Maddie on an activity day at Birch Hall Adventures. They were chosen to represent St George's as Sports Ambassadors at this event, run by the local School Games Organiser. They had a fantastic day and took part in lots of different physical and team building activities.

Mr Johnston took a group of four children to take part in a 'Question of Sport' Quiz at Mayflower Primary School in Harwich. They thoroughly enjoyed themselves and entered into the quiz with great enthusiasm.



Wishing you a lovely weekend,

*Mrs Keitch*

# Remembrance



On Sunday, members of the St George's school choir took part in the Remembrance Service at St George's church. The children sang beautifully and were proud representatives of our school. Thank you and well done!



On Monday we joined for an Act of Remembrance in the School Hall. The children were very sensible and respectful. Thank you to Charlie, Violet, Donovan and Millie A for helping to lead the service.

I know many children took part in Remembrance services and parades across the local area on Sunday. It was lovely to hear about their experiences. Thank you to those who shared photos.....



# Healthy Me Week



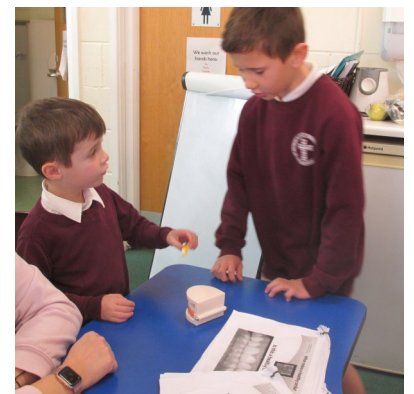
Learning all about dental hygiene with Rena, a dental nurse, and looking at our teeth with a dentist's mirror!

Chopping, cooking and tasting Chicken Paella in this year's Roots to Food workshop.



Our Y5/6 Oral Health Champions taught every class about oral hygiene. This included an interactive demonstration of how to brush your teeth properly and a quiz about high/low sugar snacks.

Well done and thank you to our Oral Health Champions, you did a fantastic job!



# Healthy Me Week

Learning First Aid with Lyn from 'Mini First Aid'.



Chopping, blending and tasting delicious fruit smoothies!

Playing 'Supermarket Sweep' to identify healthy and unhealthy foods.



## Dates for your Diary

Please make a note of the dates below.

Monday 25th November	Choir concert at the Royal Albert Hall
Thursday 5th December	Reception Christmas Singalong - details to follow
Friday 6th December	Whole School trip to Pantomime (Gt Bromley Village Hall) - please return the reply slip asap
Thursday 12th December	KS1 (Y1 and 2) Nativity performances (morning and evening) - details to follow
Friday 13th December	Christmas Discos - please return reply slips by Wed 27th Nov
Wednesday 18th December 2pm	Carol Service at St George's Church - parents invited
Thursday 19th December	Christmas Dinner Day and Christmas Jumper Day - details to follow
Friday 20th December	Last day of term
Monday 6th January	First day of term for children
w/b 6th January	St George's Book Week
w/b 17th February	Half term break
Monday 24th February	Non-Pupil Day
Friday 4th April	Last day of Spring Term

## Reception admissions for academic year starting in September 2025

The primary school (Reception) admission round opened on **Monday 4 November 2024**, for parents of children to apply for a Reception school place for the academic year that starts in September 2025.

The statutory national closing date for applications is **15 January 2025**.

Applications can be made online via [www.essex.gov.uk/admissions](http://www.essex.gov.uk/admissions).

All of the application information is available on the website above.



